



Fitness facility iPad network

Province	Type of Facility	Facility Name	Physical Address	Contact Number	Email Address
Eastern Cape					
Eastern Cape	Gym	Profiles FX	16 Buffelsfontein Road, Mount Pleasant, Gqeberha, 6070	041 368 5041	vicky@profilesfitness.co.za
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Free State					
Free State	Gym	Quest Gym	Shop UG71 Loch Logan Waterfront, Henry Street, Bloemfontein, 9301	051 447 8106	ingrid@questclubs.co.za
Free State	Rehab	Arnold Vlok Biokinetics	28 Donald Murray Ave, Park West, Bloemfontein, Free State, 9301	051 011 0103	marinelle.olivier@gmail.com
Free State	Rehab	Anna Swanepoel Physiotherapists	30 Donald Murray Avenue, Park West, Bloemfontein, Free State, 9301	051 444 2391	accounts@annaphysios.co.za

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Free State	Gym	KovsieFit	2025 Nelson Mandela Drive, Park West, Bloemfontein, 9301	051 401 7007	kovsiefit@ufs.ac.za
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Gauteng					
Gauteng	Gym	Restonic	43 Silver Lane, Ormonde, Johannesburg	011 298 9800	suresh.moodley@sleepgroup.co.za;coen.myburgh@restonicsa.co.za
Gauteng	Gym	Unique Physique	2 East Rd, Morningside, Johannesburg, 2196	083 281 0839	lisakrog11@gmail.com
Gauteng	Gym	Gym On 5 th	60 5th St, Houghton Estate, Johannesburg, 2198	084 235 8136	mischpereira25@gmail.com
Gauteng	Gym	IQ Business	3 Third Avenue, Rivonia, 2128	072 747 7473	bnkashe@iqbusiness.net;sochillactive@iqbusiness.net

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Gauteng	Gym	World of Wellness Gym	221 Landshut Drive, Louwlandia, Centurion, 1683	012 942 1153	admin@wowgym.co.za
Gauteng	Gym	Body Kinetics	CSIR Building 24, Meiring Naude Road Brummeria, Pretoria, 0184	012 841 4141	info@bodykinetics.co.za
Gauteng	Gym	Slater Health Three Rivers	Cnr of Bashee & Umtatat Street, Three Rivers, Vereeniging, 1935	016 423 1229	threerivers@slateryms.co.za; lorna.slater@slateryms.co.za
Gauteng	Gym	Shape-Up Family Health Club Pretoria	Wonderboom Junction Basement, Cnr Braam Pretorius & Lavender, Wonderboom, Pretoria, 0182	012 543 0341	laverne@netactive.co.za; williedeswardt@telkomsa.net; shapeuplep@gmail.com
Gauteng	Gym	Body K Netic	199 Surrey Avenue, Ferndale, Randburg, 2194	082 871 3676	pvantonder@gmail.com
Gauteng	Gym	Dream Body Fitness	Cnr Leeukop & Kikuyu Road Sunninghill 2157	011 234 4700	monica@dreambodyfitness.co.za
Gauteng	Gym	Swurve Fitness	Ryneveld Lifestyle Centre, 69 Van Ryneveld Avenue, Pierre van Ryneveld Park, Centurion, 0045	076 762 0049	info@swurvefitness.co.za

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Gauteng	Gym	Werksmans Gym at The Central	96 Rivonia Road, Sandton, 2196	011 535 8000	sobrien@werksmans.com
Gauteng	Gym	Gym on the Corner	Beyers Naudé Drive, Waterval Estate, Gauteng, 2195	011 782 4849	info@gymonthecorner.co.za
Gauteng	Gym	Toyota Executive Fitness Centre	Stand 1, Eastern Service Road, Wesco Park, Sandton, 2012	011 809 2592	kstrever@toyota.co.za
Gauteng	Gym	Once Active Gym	83 Holt Street, Parkmore, Sandton, JHB, 2196	011 784 1793	info@onceactive.co.za; dorian@onceactive.co.za; reception@onceactive.co.za
Gauteng	Gym	Waterfall Country Estate Home Owners Association	1185 Waterfall Country Drive, Gate 6, Jukskei View Ext 19, Midrand, 1685	010 591 4671	Maxon@waterfallcountry.co.za
Gauteng	Gym	The Sable Hills Health and Fitness	Sable Hills Waterfront Estate, Roodeplaar, Pretoria, 1001	012 331 0604	gym@sablehillshoa.com
Gauteng	Gym	Alleysway Fitness Centre	7 Marais Rd, Bedfordview, Germiston, 2008	082 688 0846	thaskala@yahoo.com

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Gauteng	Gym	Global Fitness Gym	91 Joos Williamson Rd, Sybrand Van Niekerk Park, Meyerton, 1961	074 140 6626	midvaalfit@gmail.com
Gauteng	Gym	The Regent Body Corporation	21 West Road South, Morningside, Sandton, 2194	082 377 7515	imelda@theregent.joburg
Gauteng	Gym	Standard Bank Lifestyle Centre	6 Simmonds Street, Marshalltown, Johannesburg, 2001	011 282 8046	info@insideactive.co.za
Gauteng	Gym	Bowman Gilfillan	11 Alice Lane, Sandhurst, Sandton, 2196	011 669 9140	negenthri.govender@bowmanslaw.co.za
Gauteng	Gym	Kyalami Hills Body Corporate	47 Maple Drive, Carlswald, Midrand, 1684	074 193 2974	khmanagement@vmem.co.za
Gauteng	Gym	Africa United Old Parks	1 Garden Road, Bordeaux, 2194	082 442 3131	marc@fastsportsfusion.co.za
Gauteng	Functional Training	SWEAT 1000 BluBird	Sweat1000, Blubird Mall, Corner of Fort and Atholl Oakland Road, Birnam, Johannesburg, 2192	011 440 6484	blubird@sweat1000.com

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Gauteng	Crossfit Training	CrossFit Jozi	16, Sunview Shopping Centre, Unit 8 & 7 N Reef Rd, Bedfordview, Germiston, 1401	087 820 0783	sean@cfjlifestylefitness.co.za
Gauteng	Functional Training	360 Health & Fitness Centre	33 Street, Christopher Road, Quality House Office Park U7, St Andrews/senderwood, Johannesburg, 2007	082 825 4605	360healthfitness101@gmail.com
Gauteng	Pilates	Pilates One On One	50 Balmoral Avenue, Hurlingham, Sandton, 2196	081 049 7822	sheenaplaksy@icloud.com
Gauteng	Pilates	Pilates and Wellness Studio - Melville	24 4th Avenue, Melville, 2193	011 463 9699	info@pilatesmelville.co.za
Gauteng	Pilates	Pilates Powerhouse	Ernie Els Blvd, Copperleaf Golf and Country Estate, Centurion, 0157	083 268 3475	goretti.niklaus@gmail.com
Gauteng	Pilates	Pilates Connection	15 7th Ave, Parktown North, Johannesburg, 2193	082 828 9736	info@pilatesconnection.co.za
Gauteng	Pilates	Joanne Enslin Physiotherapy & Pilates	78 Ballyclare Drive, Riverclub, Sandton, 2191	011 463 0201	joanneenslin@mweb.co.za

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Gauteng	Yoga	Yoga Experience	Thrupps Illovo Shopping Centre, 204 Oxford Road, Illovo, Sandton, 2193	011 268 0642	manager@yogaexp.co.za
Gauteng	Sports Club	Discovery Soccer Park - Wanderers	21 North Street, Illovo, Johannesburg, 2196	011 447 1198	dustin@discoverysoccerpark.co.za
Gauteng	Sports Club	Discovery Soccer Park - Sandton	11 Holt Street, Parkmore, Johannesburg, 2195	011 447 1198	dustin@discoverysoccerpark.co.za
Gauteng	Sports Club	Copperleaf Golf & Leisure	Ernie Els Boulevard, Mnandi, Centurion, 0157	012 668 8900	melanie@copper-leaf.co.za; michelle@copper-leaf.co.za
Gauteng	Rehab	Nico Grobler Biokineticists	227 Florence Ribeiro Avenue, Groenkloof, Pretoria, 0027	012 335 8267	nicogrobler.bio@gmail.com
Gauteng	Personal Trainer	John Meyer Personal Training	56 Buckingham Avenue, Craighall Park, Johannesburg, 2196	082 342 3401	john.meyer@absamail.co.za
Gauteng	Gym	FightFit Malisha Sunninghill	Sunninghill Village Mall, Shop LL11A, Cnr Maxwell Drive & Edison Crescent, Sunninghill, Johannesburg, 2072	079 566 8720	normanchefwessels@gmail.com

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Gauteng	Gym	Dynamic Health	The Straight Avenue, Pineslopes, Johannesburg, 2191	084 693 9900	info@dynamichealthclub.co.za
Gauteng	Gym	Dragon Fitness Fusion Centre	442 Atterbury Road, Menlo Park, 0081	082 557 4722	info@ymaasa.co.za
Gauteng	Gym	MyGym	MyGym, Shop U115EF, Greenstone Shopping Centre, Corner of Modderfontein Road & Van Riebeeck Avenue Greenstone Hill, Modderfontein, 1609	010 060 0760	info@mygym.co.za
Gauteng	Pilates	MD Pilates	3 Erikson Close, Norscot, Fourways, 2191	082 315 1761	info@mdpilates.co.za
Gauteng	Gym	Nando's Gym	10A Victoria Road, Lorentzville, Johannesburg, 2094	074 251 7559	gym@nandos.com
Gauteng	Rehab / Yoga	Chavah Barit Biokinetics	11 Bedford Street, Linksfield, Johannesburg, 2192	084 402 9701	cbbiokineticist@gmail.com
Gauteng	Gym	Aurex Constructors	89, 14th Road, Erand, Midrand, 1685	011 203 9600	info@aurex.africa

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Gauteng	Swimming	MAC Swim School	60 Philip Engelbrecht Avenue, Meyersdal, Johannesburg, 1448	076 640 6783	karen@macswimschool.co.za
Gauteng	Gym	Abtitude Fitness Centre (Pty)LTD	52 Palala Road, Wilropark, Roodepoort, 1724	076 122 0215	carelnprivate@gmail.com
Gauteng	Dance / Yoga	Kairos Dance and Yoga Studio CC	15 Hume Road, Dunkeld West, 2193	083 306 3852 / 083 657 3377	kim@niagp.co.za; info@niagp.co.za
Gauteng	Gym	The Body Corporate of the Leonardo	75 Maude Street, Sandton, 2031	087 536 0000	kdouglas@legacyhotels.co.za
Gauteng	Pilates	Body Intellect Pilates Brooklyn	No. 3, 14th Street, Menlo Park, Pretoria, 0001	012 460 9206	info@bodyintellect.co.za
Gauteng	Gym	FRG Bank City Gym	FNB Bank City, 4 First Place (Mezzanine Floor), Corner of Simmonds and Pritchard Street, Johannesburg, 2000	087 311 8342	bankcitygym@insideactive.co.za
Gauteng	Gym	Old Mutual Gym	No. 1 Mutual Place, 107 Rivonia Road, Sandton, 2196	011 217 1620	1mpwellnesscentre@insideactive.co.za

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Gauteng	Gym	Standard Bank GLC Gym	415 Summit Road, Morningside, Johannesburg, 2196	073 834 6694	marc@insideactive.co.za
Gauteng	Gym	Standard Bank CVOP Gym	4 Ellis Street, Constantia Kloof, Roodepoort, 1709	063 491 4082	cvopgym@insideactive.co.za
Gauteng	Gym	Inanda Club	Forrest Road & 6th Avenue, Inanda, Sandton, 2196	011 884 1414	info@inandaclub.co.za
Gauteng	Rebound	Jump and Glow	200 Smit Street, Fairlands, Randburg, 2030	011 708 0018	jump&glow69@gmail.com
Gauteng	Pilates	Breathe Barre	16 Fricker Road, Illovo, Sandton, 2196	082 726 5157	info@breathebarre.co.za; breathebarre@gmail.com
Gauteng	Gym	GetFit	81 Botterklapper Street, The Willows 340-Jr, Pretoria, 0081	087 012 5461	accounts@fintechcampus.co.za; brian@fintechcampus.co.za
Gauteng	Gym	The Emerald Fitness Centre	Republic Road, Ferndale, Randburg, 2125	081 311 7727	kruger@flash-fitness.co.za; ricardo@flash-fitness.co.za

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Gauteng	Rehab	Off Nicol Health Wellness & Rehab	1 Longford Road, Bryanston, 2021	011 463 8330	info@offnicol.co.za
Gauteng	Gym	Norwood Sports Medicine And Exercise Institute	Norwood Sports Medicine & Exercise Institute, 101 Algernon Road, Norwood, Johannesburg, 2192	083 255 4405	farrellpcohen@outlook.com; farrellcohen@mweb.co.za
Gauteng	Gym	Telesure Group Services JHB	Auto & General, 1 Telesure Lane, Riverglen, Midrand, 2191	011 489 4000	thegym@tihsa.co.za
Gauteng	Gym	Interfile	Building B, Monte Circle, 20 Montecasino Blvd, Magaliessig, Extension 64, Fourways, Johannesburg, 2067	011 361 4599	angelique@interfile.co.za; chantelle@interfile.co.za; lastmand@interfile.co.za
Gauteng	Sports Club	The Bryanston Country Club	63 Bryanston Drive, Bryanston, 2021	011 706 1361	marketing@bryanstoncc.co.za
Gauteng	Functional Training	Gym Jungle	453 Jan Smuts Ave, Blairgowrie, Randburg, 2194	079 161 1742	baker.daniella@gmail.com
Gauteng	Gym	Eye of Africa Gym & Fitness Centre	33 Cayman Road, Eikenhof, 1872	010 500 0400	eoafitnesscentre@gmail.com

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Gauteng	Rehab	Gila Barit Biokineticist	27A Burn Street, Waverly, Johannesburg 2090	083 231 5211	gilabarit@yahoo.co.uk
Gauteng	Gym	Fish Eagle View Gym	Fish Eagle View, 15c Benacre Lane, Longlake Extension 6, Lethabong, 1645	074 404 8208 / 083 564 7521	marc@insideactive.co.za
Gauteng	Gym	The Hills Estate Fitness Centre	7 King Fisher Road, The Hills Estate, Mookloof, 0081	079 066 0881	info@fittbystefan.co.za
Gauteng	Gym	Country Club Johannesburg (Woodmead)	Lincoln Avenue, Woodmead, Sandton, 2191	082 779 9407	Luyandam@ccj.co.za;
Gauteng	Gym	Donna's Health and Fitness	62 Shannon Road, Noordheuwel, Krugersdorp, 1739	072 243 8470 / 066 213 6892	donna@donnasfitness.co.za
Gauteng	Rehab	RPS Centre	10 Newhouse, Rowhill, Springs, 1559	011 811 5853	Rpscentre12156@gmail.com
Gauteng	Gym	Gym at the Campus	Gym at the Campus, 57 Sloane Street, Bryanston, 2191	011 463 5329	derekarcher@fitpro.co.za

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Gauteng	Gym	ForeverFit Gym	Shop 32, Ifafi Business Center, Die Ou Wapad Street, Ifafi, Hartbeespoort, 0260	082 850 4377 / 073 782 2894	info@foreverfitgym.co.za
Gauteng	Functional Training	Friends and Allies	Made in workshop, 10 Naaf Street, Strydompark, Johannesburg, 2169	082 565 0269	info@friendsandallies.co.za
Gauteng	Dance	The Beat Dance Studio	31 Kwartsiet Street, Zwartkop, Centurion, 0157	012 664 7270	james@thebeat.co.za
Gauteng	Gym	Golds Gym Sandton	5 Lower Road, Morningside, Sandton, 2196	061 055 1994	membership@goldsgymsandton.co.za
Gauteng	Gym	Macsteel Service Centres SA (Pty) Ltd	7 Brook Road, Lilianton, Boksburg, 1459	011 871 0000	gym@macsteel.co.za
Gauteng	Rehab	Stephan Muller Biokinetics	Corner Rivonia Road and North Road, Rivonia Road, Sandton, Johannesburg, 2128	083 226 3265	stephan@kinetic-events.co.za
Gauteng	Gym	BS Fitness Studio	28 Whittakers Way, Germiston, Bedfordview, Johannesburg, 2008	011 607 8000	jana@kironprop.co.za

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Gauteng	Gym	Flight Centre Travel Group	Flight Centre Travel Group, Block 8, Pendoring Office Park, 299 Pendoring Road, Blackheath, 2195	011 778 1372	bernice.eksteen@fctg.co.za
Gauteng	Gym	Just Physical Gym	Northriding Square, Bellars Drive and Blandford Road, Northriding, Randburg, 2169	011 704 3911	info@justphysicalgym.co.za
Gauteng	Gym	P&G Manufacturing S.A	25 Newton Street, Spartan, 1619	011 966 1355	adonis.a@pg.com
Gauteng	Rehab	ERF 44 Chislehurst (Pty) Ltd	32 Impala Road, Chislehurst, Sandton, 2196	011 666 0723	vivabiokinetics@gmail.com
Gauteng	Gym	The Development Bank of Southern Africa	Headway Hill, 1258 Lever road, Midrand, 1684	011 313 3034	louisee@dbsa.org
Gauteng	CrossFit	Crossfit Tijger Valley	Crossfit Tijger Valley, Shop 1a, 1b and 2 Northern Lofts at Silver Oaks Shopping Centre, Corner of Von Backstorm Boulevard and Willow Acres Estate, 0081	073 453 7386	info@cftv.co.za
Gauteng	Yoga / Pilates	Raise the Barre	Shop 15-16, Post Office Centre, Rudd Road, Illovo, Sandton, 2196	072 179 5089	info@raisethebarre.co.za

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Gauteng	Gym	Multichoice Gym	144 Bram Fischer Drive, Bordeaux, Randburg, 2194	079 498 0440	gym@multichoice.co.za
Gauteng	Sports Club	World of Golf Fitness Centre	Corner of Woodmead and Maxwell Drive, Waterfall, Mdrand, 1682	064 686 5682	leroy@theworldofgolf.co.za
Gauteng	Rehab	Sharne Raath Biokineticist	Dunvegan, Edenvale, 1609	067 038 3249	sharne.bio@gmail.com
Gauteng	Gym	Vukile Property Fund Limited	11 Ninth Street, 4th Floor, Houghton Estate, Johannesburg, 2198	078 804 9371	info@vukile.co.za
Gauteng	Gym	Balwin Properties - Ballito Hills	Balboa Park, Park Drive, Oakdene, 2190	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Balwin Properties - The Blyde	Balwin Properties Limited, Private Bag X4, Gardenview, 2047	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Balwin Properties - The Polofields	Balwin Properties Limited, Private Bag X4, Gardenview, 2047	082 377 1092	cheryl@trainingscience.co.za

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Gauteng	Gym	Balwin Properties - The Reid	Balwin Properties Limited, Private Bag X4, Gardenview, 2047	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Balwin Properties - The Whisken	Balwin Properties Limited, Private Bag X4, Gardenview, 2047	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Training Science - Kikuyu Residents Association	Elgaru At Waterfall, 54 Maxwell Drive, Waterfall, Gauteng, 1685	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Oppenheimer Generations	6 Saint Andrews Road, Parktown, Johannesburg, 2193	011 274 2112	Realeboga.segabutla@opp-gen.com
Gauteng	Gym	Nestle South Africa	8 Anslow Crescent, Bryanston, 2194	011 514 6677	Wesley.shongwe1@za.nestle.com; godwin.chilenje@za.nestle.com
Gauteng	Gym	Saint Stithians HPC	40 Peter Place, Lyme Park, Sandton, 2060	072 210 3270	warrinercentre@insideactive.co.za
Gauteng	Gym	Thaba Eco Estate	Thaba Eco Estate, Kliprivier Drive, Rietvlei, Johannesburg, 2053	082 377 1092	cheryl@trainingscience.co.za; tamara@trainingscience.co.za

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Gauteng	Gym	Munyaka	Munyaka, Waterfall Drive, Midrand, Johannesburg, 2090	082 377 1092	cheryl@trainingscience.co.za; tamara@trainingscience.co.za
Gauteng	Gym	Training Science - Green Lee	Green Lee, Green Lee Boulevard, Linbro Park AH, Sandton, 2090	082 377 1092	cheryl@trainingscience.co.za; tamara@trainingscience.co.za
Gauteng	Gym	Training Science - Green Creek	Green Creek, Savannah Country Estate, Pretoria, 0081	082 377 1092	cheryl@trainingscience.co.za; tamara@trainingscience.co.za
Gauteng	Gym	BMW Rosslyn	6 Frans du Toit Street, Rosslyn, Pretoria, 0200	012 522 4139	thulani.khumalo@bmw.co.za
Gauteng	Gym	Inside Active - Anglo American	144 Oxford Road, Rosebank, Johannesburg, 2196	083 299 9976	craig.mitrovich@angloamerican.com
Gauteng	Sports Club	Jogo Padel	Corner of Beyers Naude Drive and Juice Street, Honeydew, Johannesburg, 2040	083 489 1186	defreitasgeorge@gmail.com
Gauteng	Gym	Training Science Bedfordview	105 Geldenhuys Drive, Malvern East, 1402	082 377 1092	cheryl@trainingscience.co.za

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Gauteng	Functional Training	Total Ninja Northgate	Northgate Mall, Northumberland Avenue, Northgate, 2194	010 630 0612	ng@totalninja.co.za
Gauteng	Sports Club	Discovery Soccer Park Mall of Africa Rooftop	Mall of Africa, Magwa Crescent, Midrand, Johannesburg, 2066	011 447 1198	info@discoverysoccerpark.co.za
Gauteng	Functional Training	Total Ninja Stoneridge	Stoneridge Centre, Hereford Road, Edenvale, Johannesburg, 1609	010 630 0611	sr@totalninja.co.za
Gauteng	Gym	The Den - Wellness Studio	1 Jasmine Street, Morningside, Johannesburg, 2196	084 842 2782	jbullock.bio@gmail.com
Gauteng	Functional Training	Total Ninja Kolonnade	Kolonnade Shopping Centre, Sefako Makgatho Drive, Montana Park, Pretoria, 0159	012 630 0360	kn@totalninja.co.za
Gauteng	Gym	Adcock Ingram	1 New Road, Carlswald, Midrand, 1652	011 635 0226	sphiwe.Mayisela@adcock.com
Gauteng	Yoga	Indie Hot Yoga	Block A, Pineslopes Office Park, Corner Forest Drive and The Straight, Lonehill, 2191	072 916 5028 / 082 924 2020	admin@indiehot.co.za

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Gauteng	Gym	SA Olympic Health World	New Market Estates, 25 Heidelberg Avenue, Newmarket, Alberton, 1449	011 869 9904	meis@genisis.co.za
Gauteng	Gym	Thaba Eco Estate	Thaba Eco Estate, Kliprivier Drive, Rietvlei, Johannesburg, 2053	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Balwin Properties - The Blyde	Bronkhorstspruit Road, Willow Park Manor, Pretoria, 0054	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Balwin Properties - The Polofields	A Kliprivier Dr, Rietvlei 101-Ir, Johannesburg South, 2053	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Munyaka	Munyaka, Waterfall Drive, Midrand, Johannesburg, 2090	082 377 1092	cheryl@trainingscience.co.za
Gauteng	Gym	Standard Bank CVOP Gym	4 Ellis Street, Constantia Kloof, Roodepoort, 1709	063 491 4082	cvopgym@insideactive.co.za
Gauteng	Gym	Balwin Properties - The Whisken	Ethel Avenue, Crowthorne AH, Midrand, 1684	082 377 1092	cheryl@trainingscience.co.za

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Gauteng	Gym	Vitafit Wellness Centre Heidelberg	14 Voortrekker Street, Heidelberg, 1441	016 349 2821	info@vitafitwellnesscentre.co.za
Gauteng	CrossFit	CrossFit Cyprium	83 Bram Fischer Drive, Randburg, 2194	011 781 3308 / 011 886 0722	admin@crossfitcyprium.co.za
Gauteng	Gym	Dynamic Health	The Straight Avenue, Pineslopes, Johannesburg, 2191	083 602 5400	info@dynamichealthclub.co.za; dynhealth@gmail.com
Gauteng	Gym	Country Club Johannesburg (Woodmead)	Lincoln Avenue, Woodmead, Sandton, 2191	011 710 6400	Luyandam@ccj.co.za;
Gauteng	Sports Club	Country Club JHB Auckland Park	1 Napier Road, Auckland Park, 2006	082 779 9407	Luyandam@ccj.co.za;
Gauteng	Gym	Gym at the Campus	Gym at the Campus, 57 Sloane Street, Bryanston, 2191	011 463 5329	derekarcher@fitpro.co.za
Gauteng	Functional Training	Rush Extreme Sports JHB	Corner of van Riebeeck and Modderfontein Road, Greenstone Hill, Johannesburg, 1616	021 683 3841	deonysius@rushextreme.co.za

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Gauteng	Gym	Anglo American Gym	144 Oxford Road, Rosebank, Johannesburg, 2196	083 299 9976	sonza@insideactive.co.za
Gauteng	Gym	Coca-Cola Africa - Uplift Fitness Studio	114 Oxford Road, Rosebank, Johannesburg, 2196	062 118 8602	kruger@flash-fitness.co.za; neo@flash-fitness.com
Gauteng	Gym	Donna's Health and Fitness	62 Shannon Road, Noordheuwel, Krugersdorp, 1739	066 213 6892	enquiries@donnasfitness.co.za
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Kwa-Zulu Natal					
Kwa-Zulu Natal	Gym	Bodyguru Umhlanga	The Outlet Park Meridian Dr, Umhlanga Rocks, Durban, 4319	087 500 9430	reception@bodygurugym.co.za
Kwa-Zulu Natal	Gym	Legends Lifestyle Centre	51 Acutts Dr Hillcrest, Clifton Hill Estate, Durban, 3610	031 762 1700	reception@legendslifestyle.co.za

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Kwa-Zulu Natal	Gym	Jonsson Workwear	892 Umgeni Road, Durban, 4000	031 314 4000	gym@jonsson.co.za; chantelle.fuchs@jonsson.co.za; Mandy.White@jonsson.co.za
Kwa-Zulu Natal	Gym	Zimbali Bushbuck Club Gymnasium	Groundfloor Unit, Northgate Suites, Zimbali Coastal Resort, Zimbali Drive, Zimbali Coastal Estate, Dolphin Coast, 4399	032 538-4304	accounts@zema.co.za
Kwa-Zulu Natal	Gym	Superbodies Health & Fitness Centre: Port Sheptsone	3 Connor Street, Port Shepstone, 4240	039 682 1482	Superbodies@telkomsa.net
Kwa-Zulu Natal	Gym	Kindlewood Management Association	25 Edgeview Drive, Mount Edgecombe, 4302	031 818 2000	estatemanager@kindlewood.co.za
Kwa-Zulu Natal	Gym	The Vortex (Sweat Factory)	102 Florida Road, Windemere, Durban, 4001	074 798 1678	krelen@hmgigroup.co.za
Kwa-Zulu Natal	Gym	Ufitt Life	38 Airth Street, Scottburgh, 4180	074 298 4873	admin@ufittlife.co.za
Kwa-Zulu Natal	Functional Training	Blast Fitness and Cycling Studio	Shop 9 and 10, Flanders Mall, 14 Flanders Drive, 4320	083 456 0138	sarah.collin@icloud.com

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Kwa-Zulu Natal	Pilates	Play Move Breathe	The Boulevard, 19 Park Lane, Umhlanga, Kwa-Zulu Natal, 4319	082 460 8805	info@playmovebreathe.com
Kwa-Zulu Natal	Gym	Dolphins High Performance Centre	Hollywoodbets Kingsmead Cricket Stadium, Kingsmead Way, Durban, 4025	072 229 1097	Micaela@dolphinshpc.net
Kwa-Zulu Natal	Gym	Simbithi Country Club	1 Club Crescent, Shaka's Rock Drive, Dolphin Coast, 4390	032 946 5412	sport@simbithi.com
Kwa-Zulu Natal	Gym	DUT Sport Administration Staff Gym	Fred Crookes Sport Centre, Gate 5, Steve Biko Road, 4001	031 373 2275	takalanim@dut.ac.za
Kwa-Zulu Natal	Dance / Yoga	Brettenwood Homeowners' Association	234 Kingfisher Boulevard, Brettenwood Coastal Estate, Sheffield Beach, 4420	032 525 3103	estatemanager@brettenwood.co.za
Kwa-Zulu Natal	Gym	Triple S Fitness and Nutrition	2 Ilala Drive, Saxony Ilala Centre, La Lucia Ridge, KwaZulu Natal, 4051	031 562 0581 / 031 562 3082	navinleeladhar1@gmail.com
Kwa-Zulu Natal	Gym	Telesure Group Services KZN	Auto & General, 1 Montgomery Drive, Block A, Mount Edgecombe, 4300	031 514 2000	thegym@tihsa.co.za

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Kwa-Zulu Natal	Gym	Superbodies Margate	Corner of Windsor Avenue & Wartski Drive, Ramsgate, Margate, 4285	039 317 2949	info@superbodies.co.za
Kwa-Zulu Natal	Gym	Cotswold Leisure Centre	Cotswold Downs Estate, 95 Inanda Road, Hillcrest, 3650	031 762 3660	accounts@cotswoldlc.co.za
Kwa-Zulu Natal	Gym	Velocity Gym Hilton	The Avenues, Corner Hilton College Drive and Elizabeth Avenue, Hilton, Pietermaritzburg, 3245	033 343 0883	info@velocitygymhilton.co.za
Kwa-Zulu Natal	Gym	Balwin Properties - Ballito Hills	1 Hills Avenue, Dolphins Coast, Ballito, 4339	082 377 1092	cheryl@trainingscience.co.za
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Limpopo					
Limpopo	Gym	Motion Fitness Gym Louis Trichardt	Shop 16, Checkers Centre, Corner of Shongwosi and Munnik Street, Louis Trichardt, Limpopo, 0920	015 110 0988	gmmflt@motionfitness.co.za

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Mpumalanga	Gym	The Training Edge Health Club White River	R537, White River, 1240	013 751 1710	julie@trainingedge.co.za
Mpumalanga	Pilates	The Pilates Studio Malelane	Air Street, Malelane, Mpumalanga, 1320	071 471 0034	maggievlok@telkomsa.net
Mpumalanga	Crossfit Training	IRA HPC Sentrum / CrossFit IRA	17 Brink street, Ermelo, Mpumalanga, 2351	010 900 2505	pieterse.cornel@gmail.com; hardiety@iafrica.com
Mpumalanga	Gym	Fit24Gyms Nelspruit	Fit24Gyms, Shop 23, Valley Hyper Du Preez & Samora Machel Dr, Mbombela, 1201	082 432 9863	cgm.nelspruit@fit24gyms.co.za
Mpumalanga	Gym	Fit-Xgyms Westend Nelspruit	Corner of Dr Enos Mabuza and Madiba Drive, Westend Shopping Centre, West Acres, Nelspruit, 1200	013 880 1837	klaas@fitxgyms.co.za

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North West					
North West	Gym	Fitness Zone Klerksdorp	c/o Austin and Williams Street, Wilkoppies, Klerksdorp, 2571	018 468 7744	christianandriesvn1@gmail.com
North West	Gym	Spartan Gym	127 Manuka Avenue, Geelhoutpark, Rustenburg, 2999	072 298 5804	info@spartangym.co.za
North West	Gym	'@ Fitness Health Club	528 Mc Roode, Vyfhoek, Potchefstroom, 2531	018 175 0100	management@fitnesspotch.co.za
North West	Rehab	Esta Biokineticists	26 Zand Street, Bo-dorp, Rustenburg, 0300	082 377 8682 / 083 225 2719	estavanzyl0812@gmail.com
North West	CrossFit	CrossFit Rustenburg	11 Kloof Road, Rustenburg, 0323	082 825 9500	admin@nextlevelfitness.co.za

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North West	Gym	@ Fitness Health Club	528 Mc Roode, Vyfhoek, Potchefstroom, 2531	018 175 0100	management@fitnesspotch.co.za
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Western Cape					
Western Cape	Gym	Franschhoek Health Club	57 Cabriere Street, Franschhoek, 7690	021 876 3310	bio@franschhoekhealthclub.co.za
Western Cape	Gym	Evolve Fitness	Unit 6, Zandwyk Park, Old Paarl Rd, Paarl, Western Cape, 8000	021 863 1268	mollerj@radionet.co.za'; andrews.gershwin98@gmail.com
Western Cape	Gym	Stonehurst Gym	Lifestyle Centre, Stonehurst Mountain Estate, Westlake Drive, Westlake , Cape Town, 7945	021 702 4240	estatemanager@stonehurstmountainestate.org
Western Cape	Gym	Wellness World - Mossel Bay	Hartenbos Beach Front, Port Natal Avenue, Bay View, Mossel Bay, 6506	044 333 0216	stiaan.vschalkwyk@wellnessworld.co.za

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Western Cape	Gym	Getsmarter	358 Victoria Road, Salt River, Cape Town, 7925	021 447 7565	jhaigh@2u.com; info@getsmarter.com
Western Cape	Gym	Village Fitness Centre	139 Voortrekker Road, Velddrif, Malmesbury, Western Cape, 7365	071 891 6451	ross@villagefitness.co.za
Western Cape	Gym	Earls Court Lifestyle Estate	Airway Road, Earls Court Lifestyle Estate, George, 6529	044 813 5046	admin@echoageorge.co.za
Western Cape	Gym	Pearl Valley	Val De Vie Estate, R301, Wemmershoek Road, Paarl, 7646	021 867 8000	Corne.Steenkamp@pearlvalley.co.za
Western Cape	Gym	Old Mutual West Campus	West Campus, Mutualpark, Jan Smuts Drive, Pinelands, 7405	021 659 5600	info@ssisa.com
Western Cape	Gym	Open Box (Pty) Ltd	240 Main Road, Tokai, Cape Town, 7945	021 713 9300	coach@openboxsoftware.com
Western Cape	Gym	Kanonberg Lifestyle Estate Gym	Kanonberg Lifestyle Estate, Kanonberg, Cape Town, 7530	073 335 4084	connievdm@telkomsa.net

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Western Cape	Gym	K-Fit	8 New Street, Knysna, Western Cape	082 921 3337	marius@kfit.co.za
Western Cape	Pilates	Core Strength Pilates Studio	19 Gloucester Avenue, George, 6530	082 214 4607	george@cspilates.co.za
Western Cape	Gym	The Gym Knysna	24 Queen Street, Knysna, 6570	072 535 7988	thegym@rch.co.za
Western Cape	Gym	Health & Fitness Centre	Piesang River Valley, Green Point Avenue, Plettenberg Bay, 6600	083 226 0283	charl@cdttransport.co.za
Western Cape	Gym	Extream Body Factory	First Street, Faiview Office Park, George, 6530	082 828 5652	annlin99@yahoo.com
Western Cape	Outdoor swimming & Hiking	Surf Emporium	Surfers Corner, 72 Beach Rd, Muizenberg, Cape Town, 7945	021 788 8687	lauren@surfemporium.co.za
Western Cape	Gym	Digi-Gym	1 Waterview Close, Century City, Cape Town, 7441	021 528 9300	Bevan.Matthews@Digioutsource.com

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Western Cape	Gym	Pinnacle Point Fitness Centre	Pinnacle Point, Mossel Bay, 6506	044 606 5324	gym@pinnaclepointestate.co.za
Western Cape	Gym	Oxigym Langebaan	1 Oostewal Road, Langebaan Country Estate, Langebaan, 7357	071 151 8488	dirkoxigym@gmail.com
Western Cape	Sports Club	Ten By Twenty Welgemoed	30 Jip de Jager Drive, Welgemoed, Cape Town, 7530	076 830 0193	martin@tenbytwenty.club
Western Cape	Outdoor swimming & Hiking	Surf Therapy	Surfers Corner, 72 Beach Road, Muizenberg, Cape Town, 7945	082 406 0155	fiona@roxydavisfoundation.org
Western Cape	Gym	Bold Body Gym	79 Roeland Street, Gardens, Cape Town, 8001	076 677 3787	lloyd.naicker@gmail.com
Western Cape	Functional Training	SWEAT 1000 Sea Point	Sweat 1000, 3rd Floor, The Point, 76 Regent Road, Sea Point, Cape Town, 8005	021 439 9903	info@sweat1000.com
Western Cape	Gym	Stellenbosch Academy of Sport	1 Krige Road, Stellenbosch Central, Stellenbosch, 7600	021 861 7800	werner@sastraining.co.za

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Western Cape	Gym	X-Body Fitness	91 Main Road, Claremont , Entrance via Stadium on Main Parkade, Stegman Road, 7708	021 671 5411	info@xbodyfitness.co.za; reception@xbodyfitness.co.za
Western Cape	Gym	The Quadrant Gym	31 Wilderness Road, Claremont, Cape Town, 7708	063 693 3527	rochelle@corevest.co.za
Western Cape	Pilates	Breathe Barre Cape Town	Unit 601, The Regent, Regent Road, Sea Point, Cape Town, 8005	082 726 5157	info@breathebarre.co.za; breathebarre@gmail.com
Western Cape	Gym	Kelvin Grove Club	144 Campground Rd, Newlands, Cape Town, 7700	021 658 4513 / 021 658 4500	clarew@kelvingrove.co.za
Western Cape	Gym	Motion Fitness	Corner of Sommerset and Distillery Road, Worcester, 6849	023 342 6877	wdmfw@motionfitness.co.za; rfmwesterncape@tgrgroup.co.za; gmmfw@motionfitness.com
Western Cape	Sports Club	Val de Vie Health Club	Val De Vie Estate, R301, Wemmershoek Road, Paarl, 7646	076 408 7608	csbiokineticist@gmail.com
Western Cape	Gym	Sitari Gym	Sitari Country Estate, Old Main Road, Croydon, Cape Town, 7130	073 524 9396	sitari@insideactive.co.za

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Western Cape	Functional Training / Personal Trainer	Wellness Fusion	94 Mitchell Street, George Central, George, 6529	060 685 4477	debbie@wellnessfusion.co.za
Western Cape	Gym	Allan Gray	1 Silo Square, V&A Waterfront, Cape Town, 8001	021 415 2328	Anneta.Frederiksen@allangray.co.za
Western Cape	Gym	Velocity Gym	Corner of Chapmans Peak Drive, Scott Estate, Cape Town, 7806	021 180 2550	info@velocitygym.co.za
Western Cape	Gym	Proactive Fitness CC	Hermanus Sports Club, Jose Buurman Drive, Hermanus, 7200	028 313 2074	mbproactive@gmail.com
Western Cape	Gym	F45 Training Woodstock	The Palms, 145 Sir Lowry Road, Woodstock, Cape Town, 7915	072 303 5255	woodstock@f45training.co.za
Western Cape	Gym	Renaissance Body Science Institute	183 Bree Street, CBD, Cape Town, 8001	021 487 8840	info@renaissancebsi.co.za
Western Cape	Gym	Bantry Hills	21 Tramway Road, Sea Point, Cape Town, 8005	072 543 6277	liz@bantryhills.com

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Western Cape	Gym	V&A Waterfront	19 Dock Road, Waterfront, 8002	021 408 7566 / 021 408 7504	tmetu@waterfront.co.za
Western Cape	Yoga / Pilates	Yo Yoga	Ground Floor, Old Warehouse Building, Black River Park, 2 Fir Street, Black River Park, Observatory, Cape Town, 7925	083 266 0444 / 083 690 7967	contact@yoyoga.co.za
Western Cape	Gym	Balwin Properties - Paardevlei Lifestyle	De Beers Avenue, Paardevlei, Somerset West, Cape Town, 7130	082 377 1092	cheryl@trainingscience.co.za
Western Cape	Gym	Balwin Properties - The Fynbos	282 Tyrall Road, Milnerton Rural, Cape Town, 7441	082 377 1092	cheryl@trainingscience.co.za
Western Cape	Gym	Balwin Properties - The Huntsman	Macassar Road, Croydon, Cape Town, 7134	082 377 1092	cheryl@trainingscience.co.za
Western Cape	Gym	Fancourt Hotel	Montagu Street, Blanco, George, South Africa 6530	044 804 0000	ipad.gym@fancourt.co.za
Western Cape	Gym	Green Bay - Training Science	Green Bay, Firlands Minor Road, Helderberg Rural, Cape Town, 7135	082 377 1092	cheryl@trainingscience.co.za

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Western Cape	Yoga	The Loft on Kloof	1st Floor, Lifestyle on Kloof, 50 Kloof Street, Gardens, Cape Town, 8001	079 482 3740	info@theloftonkloof.com
Western Cape	Functional Fitness	Total Ninja Black River Park	Total Ninja, Black River Park South Park, 2 Fir Street, Observatory, Cape Town, 7925	021 745 3089	brp@totalninja.co.za
Western Cape	CrossFit	Yoga Life Cape Town	127 Waterkant Street, De Waterkant, Cape Town, 8001	021 418 2884	info@yogalife.co.za
Western Cape	Gym	Sports & Fitness Centre	1 Fairway Drive, Atlantic Beach Estate, Cape Town, 7441	021 553 1276	sportsandfitness@abhoo.co.za
Western Cape	Gym	Velocity Gym	Corner of Chapmans Peak Drive, Scott Estate, Cape Town, 7806	021 180 2550	info@velocitygym.co.za
Western Cape	Functional Training	Rush Extreme Sports CPT	25 Stegman Road, Claremont, Cape Town, 7708	021 683 3841	richard@rushextreme.co.za