

## VIRGIN ACTIVE PRE-2010 BENEFIT GUIDE



This benefit guide only applies to members who activated the Vitality gym benefit **before 2010** and have maintained the same gym benefit since then.

As a Discovery Vitality member, you can use Virgin Active health clubs at reduced rates and earn Vitality points for workouts at the health clubs. The savings you get depend on the type of Virgin Active membership you have and whether you are the second member to activate the gym benefit on your Vitality policy.

**Please note:** As a Discovery Vitality member, you **cannot opt for the pre-2010 gym benefit if you are not already on it.** If you get a new gym contract for any reason, post-2010 gym benefit guidelines will apply. You can find out more information on this in the [Virgin Active post-2010 benefit guide](#).

### Who may use this benefit?

Vitality members (the main member and spouse) who joined Virgin Active and Vitality before 2010 can use this gym benefit.

If you use the Vitality Virgin Active benefit, you cannot join Planet Fitness at the Vitality rates.

### Monthly gym fees if you started the benefit before 1 January 2010

- There is no monthly fee for the first member on a local Club membership.
- There is a reduced monthly fee for the second member on a local Club membership.
- There is a reduced monthly fee for a Premier and Collection Club membership.

Please note that Discovery Vitality will debit the second member fee. The Premier or Collection Club gym membership fees will be debited by Virgin Active.

Membership type	Member	2026 Fee
Club membership	Second member	R300
Premier membership	First member	R460
	Second member	R760
Collection Club membership	Alice Lane	R1800
	Alice Lane – second member	R2100
	Melrose Arch	R1550
	Melrose Arch – second member	R1850
	Menlyn Maine	R1800
	Menlyn Maine – second member	R2100
	Moses Mabhida	R1600
	Moses Mabhida – second member	R1900
	Sea Point	R499
	Sea Point – second member	R799
	Silo District	R2175
	Silo District – Second member	R2475

### Rules on second-member fees based on the contract start date

- For second members who joined before and during 2006, a second member fee is not required as long as the member has both a Discovery Life policy and a Discovery Health membership.
- If the member has a Discovery Health membership or a Discovery Life policy only, but not both, only second members on Blue or Bronze Vitality status pay the second member fee. Members on Silver, Gold or Diamond Vitality status don't have to pay a second member fee.
- For second members who joined in 2007 and have a Discovery Life policy or a Discovery Health membership, or both:
  - Only second members on Blue or Bronze Vitality status pay the second member fee.
  - Second members on Silver, Gold or Diamond Vitality status don't have to pay a second member fee.
- Second members who joined in 2008 and 2009 and have a Discovery Life policy, a Discovery Health membership or both, have to pay the second member fees on all Vitality statuses.

## To keep the pre-2010 Vitality Virgin Active gym benefit

- To keep your Virgin Active pre-2010 gym contract, you need to work out at the gym at least 36 times in a rolling 12-month period and pay the second member fee, as detailed above, if applicable.
- Only one gym workout a day will count towards your total 36 gym workouts requirement.
- If you go to the health club fewer than 36 times in a rolling 12-month period, your gym benefit will be cancelled.
- You can start again, but the post-2010 benefit rules will apply.
  - If you rejoin the gym in the month after your pre-2010 gym benefit has been cancelled, you won't pay an activation or access device fee.
  - You will immediately qualify for a 50% saving on your monthly gym membership fee. Once you reach 36 gym workouts in a rolling 12-month period (including your past workouts), your saving will increase to up to 75%.
  - If you rejoin after one month from your pre-2010 gym benefit end date, you will have to pay a once-off gym activation fee equal to one month's full retail Club or Premier gym membership rate. You will get a discount of up to 75% off the monthly standard gym fees.

Under these rules, you will receive a discount on the standard monthly gym fees and will have to make 36 gym workouts in a rolling 12-month period to keep this discount.

Anyone who has this benefit but does not have a Premier or Collection Club membership must pay a guest fee when using any other club.

**Please note: You cannot sign up for the pre-2010 gym benefit; you can only maintain it if you are still on it.** For more details on the Vitality gym benefit, see the [post-2010 Virgin Active benefit rules](#).



### IMPORTANT

Please note that Vitality reserves the right to deactivate your Vitality gym benefit if you are not able to go to the gym for a prolonged period, but we will notify you first. You will have the option to re-activate your gym benefit when you are ready to go back to the gym.

## Earning Vitality fitness points

- Adults can each earn 100 Vitality fitness points for one gym workout a day.
- Adults can also earn 50 Vitality fitness points a day by doing a 30-minute online workout, which will not count towards your 36 gym workouts requirement in a rolling 12-month period. To access the online workouts, you will need to visit [virginactive.coach](https://virginactive.coach) and log in with your MyVirginActive details.
- You can earn up to 1,200 Vitality points per month by completing online workouts and tracking 10,000 or more steps.
- Points for all fitness activities will accumulate towards the annual member cap. View the [Vitality points guide](#) for more.
- Please note that additional adult dependents are subject to separate limits and caps. Please consult the [Vitality Summary of Points Guide](#) for more information.
- For your workout to be valid for this benefit, you must exercise for 30 minutes or longer for each visit at your chosen health club.
- To check your workouts, go to the Vitality Gym Tracker at [www.discovery.co.za](http://www.discovery.co.za). It will show you how many times you worked out at the gym in the previous 12 months.
- The Vitality Gym Tracker reflects a rolling 12-month period.
- Your Vitality fitness points can take up to four days to reflect on your Vitality Points Tracker accessed through your profile on [www.discovery.co.za](http://www.discovery.co.za).
- The main member on the Vitality policy will not have access to their spouse's or adult dependent's gym workouts. Each gym member will only have access to their own dashboard. It is up to you to check that you worked out at the Virgin Active health club the required number of times in a rolling 12-month period.
- All Vitality fitness points you earn at the health club go towards the Vitality fitness points category.
- Vitality points will only be awarded for one fitness activity a day. If you complete two or more fitness activities in one day, then the higher of the points will be awarded.

## Swipe your access device each time you work out at the health club to earn Vitality points

- Record your workouts and earn Vitality fitness points by swiping your club access card each time you visit the health club.
- If the health club cannot swipe your card for any reason, you must ask to sign the manual register or show your identity document at the reception to make sure that your points are awarded.

## **Vitality rates and rewards for children who work out at the gym**

If you'd like your children to join Virgin Active at reduced Vitality gym rates, post-2010 benefit rules and rates would apply. Visit the [post-2010 Virgin Active benefit guide](#) for details.

Children who take part in Vitality Active Rewards for Teens can also earn rewards for completing gym workouts.

For children aged 14 to 17 years to earn rewards for their gym sessions, a self-paid benefit needs to be activated.

The self-paid benefit in the context of this benefit guide refers to the main member linking their nominated child's Virgin Active profile to their Vitality profile for purposes of recognising their gym activity for the Vitality Active Rewards for Teens programme.

You will need to provide your child's ID number, home club and contract start date.

By activating and using this benefit, you consent and acknowledge that Discovery Vitality (Pty) Limited and Virgin Active may share your child's personal information to administer the Vitality Active Rewards for Teens benefit effectively. For more information on rewards for children who work out at the gym, please consult the [Vitality Teens benefit guide](#).

## **Upgrades, downgrades or transfers between health clubs**

If you want membership to all Virgin Active health clubs in South Africa, you can upgrade to a Premier or Collection membership.

Please see above for the monthly fees you will pay.

If you want to upgrade, downgrade or change your chosen health club, please call Virgin Active on 0860 200 911. Virgin Active may charge an administration fee for these changes.

## **How to cancel your Vitality Virgin Active membership**

If you would like to cancel your gym membership, you will need to provide a month's notice to Discovery Vitality.

If the cancellation is processed **before the 10th** of the month, your Vitality discount notice period will run until the end of that month.

If the cancellation is processed **after the 10th** of the month, your Vitality discount notice period will run until the end of the following month.

Your discount will stop at the end of your notice period. During the notice period, you may not start a Planet Fitness benefit through Vitality.

The rules set out in this benefit guide apply together with the rules in your Virgin Active contract, which you would have received when you completed the application form.

Please note that we cannot freeze or suspend your gym membership for any reason.

### **When this benefit ends**

This benefit ends when your Vitality membership ends or you start a new gym contract, subject to post-2010 terms and conditions.

### **Acceptance of benefit terms and conditions**

By activating the Vitality gym benefit, you agree to the limits, terms and conditions set out in this benefit guide.

### **Third-party consent when activating any Vitality benefit**

By activating this benefit, you further consent that Discovery Vitality (Pty) Limited and Virgin Active may share your payment and personal information, visitation data, as well as transaction data, to manage the benefit effectively in accordance with the Vitality Main Rules and Discovery's [privacy statement](#).

You understand that activation of the Vitality gym benefit shall require Virgin Active to conduct an eligibility check with Discovery Vitality to confirm if you are entitled to receive the benefits referred to in this guide. By engaging with Virgin Active you warrant that you have the authority to provide consent to Virgin Active and Discovery Vitality sharing information, which includes the personal information of members on your Vitality membership, for the purposes of determining eligibility to the benefits set out in this guide.

## Need help or additional information?

If you have any queries, contact us on 0860 99 88 77 or chat to us on WhatsApp. Alternatively, you can chat to a Vitality agent 24/7 through *Ask Discovery* on the website or Discovery app. Look out for the pink chat icon and tap to start chatting.

Register for [Ask Discovery](#) on WhatsApp. If you have already registered, scan this QR code to start chatting:



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