

# **HIV ANTIRETROVIRAL (ARV) MEDICINE LIST (FORMULARY)**

DISCOVERY HEALTH MEDICAL SCHEME  
2026





## Disclaimer

The information in this document may change from time to time.

When you register for the HIV Care Programme, we cover you for the care you need. You will always have confidentiality. There are specific conditions and rules for the HIV Care Programme and the use of the benefits on the programme. Please make sure that you know what these rules and conditions are. The Scheme Rules and the most up-to-date HIV benefit guide and formularies (medicine lists) are always available on [our website](#) under Medical Aid > Find documents and certificates > Benefit information.

Any instruction or advice we give about medicines and the management of your condition does not replace the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You must get your medicine from a designated service provider to avoid a 20% co-payment. Visit [our website](#) or click **Find a healthcare provider** in the Discovery Health app to find providers in our network.

Discovery Health Medical Scheme has the right to change the benefit at any time. We will tell you about any changes to the way we pay medicines. The latest version of this benefit is always available on [our website](#) under Medical Aid > Find documents and certificates.

## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member has during a calendar year from 1 January to 31 December. This medicine list (formulary) and the Chronic Drug Amounts only apply for this benefit year.
Chronic Disease List (CDL)	This is a defined list of chronic conditions that we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The Chronic Drug Amount is the monthly amount that we pay up to for a medicine class. This amount is subject to a member's plan type. It applies to chronic medicine that is not listed on the medicine list (formulary).
Emergency medical condition	An emergency medical condition may be referred to, simply, as an emergency. It is the sudden and, at the time, unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to give this medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part, or it would place the person's life in serious jeopardy.  An emergency does not necessarily need you to be admitted to a hospital and you may be treated in casualty only. We may ask you for more information to confirm the emergency
ICD-10 code	A clinical code that describes diseases and signs and symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organization (WHO).
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI code	This is a unique identifier for a given medicine, surgical or consumable product.



TERMINOLOGY	DESCRIPTION
Prescribed Minimum Benefits (PMB)	<p>In terms of the Medical Schemes Act 131 of 1998 and its Regulations, all medical schemes have to cover the cost related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> <li>• An emergency medical condition</li> <li>• A defined list of 271 diagnoses</li> <li>• A defined list of 27 chronic conditions.</li> </ul> <p>The Council for Medical Schemes has set the following rules for how to access Prescribed Minimum Benefits:</p> <ul style="list-style-type: none"> <li>• Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions.</li> <li>• The treatment that you need must be provided for in the defined benefits.</li> <li>• You must use designated service providers in our network. This does not apply in emergencies. Where appropriate and in line with the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a designated service provider, we will pay up to 80% of the Discovery Health Rate. You will be responsible for the difference between what we pay and the actual cost of your treatment.</li> </ul> <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits</p>

## HIV antiretroviral (ARV) medicine list (formulary)

NAPPI code	Product name	Strength	Form	Medicine class	2026 Executive, Comprehensive Core, Priority Saver, Chronic Drug Amount
715992	Adco lamivudine and zidovudine 150 mg/300 mg	150 mg/300 mg	Tablet	Antiviral combinations – Zidovudine and lamivudine	R225
707300	Cipla-duovir	150 mg/300 mg	Tablet	Antiviral combinations – Zidovudine and lamivudine	R225
715997	Adco emtevir 200 mg/300 mg	200 mg/300 mg	Tablet	Antiviral combinations – Tenofovir disoproxil and emtricitabine	R230
720869	Hetemcit 200 mg/300 mg	200 mg/300 mg	Tablet	Antiviral combinations – Tenofovir disoproxil and emtricitabine	R230
718676	Cipla lamivudine and tenofovir 300 mg/300 mg (Mivuten)	300 mg/300 mg	Tablet	Antiviral combinations – Lamivudine and tenofovir disoproxil	R230
3003683	Lomida 50 mg/300 mg	50 mg/300 mg	Tablet	Antiviral combinations – Lamivudine and dolutegravir	R270
3000585	Nuvaco	50 mg/300 mg	Tablet	Antiviral combinations – Dolutegravir, tenofovir disoproxil and lamivudine	R210
3000532	Reydin	50 mg/300 mg	Tablet	Antiviral combinations – Dolutegravir, tenofovir disoproxil and lamivudine	R210



NAPPI code	Product name	Strength	Form	Medicine class	2026 Executive, Comprehensive Core, Priority Saver, Chronic Drug Amount
3000596	Luvigen	50 mg/300 mg	Tablet	Antiviral combinations – Dolutegravir, tenofovir disoproxil and lamivudine	R210
700924	Kaletra	200 mg/50 mg	Syrup	Antiviral combinations – Lopinavir and ritonavir 2	R400
710028	Aluvia 200 mg/50 mg	200 mg/50 mg	Tablet	Antiviral combinations – Lopinavir and ritonavir 2	R400
720864	Rilovia 200 mg/50 mg	200 mg/50 mg	Tablet	Antiviral combinations – Lopinavir and ritonavir 2	R400
715433	Aluvia 100 mg/25 mg	200 mg/50 mg	Tablet	Antiviral combinations – Lopinavir and ritonavir 2	R400
3001450	Lopimune oral pellets 40 mg/10 mg	200 mg/50 mg	Single-pill combination	Antiviral combinations – Lopinavir and ritonavir 2	R400
712932	Adco-efavirenz	200 mg	Capsule	Antivirals – NNRTIs – Efavirenz	R145
715585	Adco-efavirenz	50 mg	Capsule	Antivirals – NNRTIs – Efavirenz	R145
709331	Cipla-efavirenz	600 mg	Tablet	Antivirals – NNRTIs – Efavirenz	R145
709545	Adco-efavirenz	600 mg	Tablet	Antivirals – NNRTIs – Efavirenz	R145
708708	Adco-lamivudine	10 mg/1 mL	Solution	Antivirals – NRTIs – Lamivudine	R60
707962	Adco-lamivudine	150 mg	Tablet	Antivirals – NRTIs – Lamivudine	R60
710604	Viropon	50 mg/5 mL	Suspension	Antivirals – NNRTIs – Nevirapine	R210
707961	Adco-nevirapine	200 mg	Tablet	Antivirals – NNRTIs – Nevirapine	R210
720866	Adco abacavir	20 mg/1 mL	Solution	Antivirals – NRTIs – Abacavir	R620
3001798	Hetacav oral	20 mg/1 mL	Solution	Antivirals – NRTIs – Abacavir	R620
718160	Kavimun paed	60 mg	Tablet	Antivirals – NRTIs – Abacavir	R620
715993	Adco tenofovir	300 mg	Tablet	Antivirals – NRTIs – Tenofovir disoproxil	R170
708709	Adco-zidovudine	50 mg/5 mL	Syrup	Antivirals – NRTIs – Zidovudine	R165
707960	Adco-zidovudine	300 mg	Tablet	Antivirals – NRTIs – Zidovudine	R165
721595	Norvir	100 mg	Tablet	Antivirals – Protease inhibitors	R55
3007947	Hetrovir	100 mg	Tablet	Antivirals – Protease inhibitors	R55



NAPPI code	Product name	Strength	Form	Medicine class	2026 Executive, Comprehensive Core, Priority Saver, Chronic Drug Amount
3000426	Acriptega	50 mg/300 mg/ 300 mg	Tablet	Antiviral combinations – Dolutegravir, tenofovir disoproxil and lamivudine	R210
3000605	Kovatrax	50 mg/300 mg/ 300 mg	Tablet	Antiviral combinations – Dolutegravir, tenofovir disoproxil and lamivudine	R210
3002048	Tarito	300 mg/100 mg	Tablet	Antiviral combinations – Atazanavir and ritonavir	R380
3002269	Zatonav	300 mg/100 mg	Tablet	Antiviral combinations – Atazanavir and ritonavir	R380



## How to contact us

	Members can call us on 0860 99 88 77 Health partners can call us on 0860 44 55 66
	Go to <a href="http://www.discovery.co.za">www.discovery.co.za</a> to get help from our chatbot, Ask Discovery.
	You can ask us a question by just saving the number 0860 75 67 56 on your phone and typing 'Hi' to start chatting with us 24/7.
	You can send us a letter to PO Box 784262, Sandton, 2146
	You can visit our offices at 1 Discovery Place, Sandton, 2196

## We welcome any feedback about our service

We would love to hear if there's anything we can improve on or if we have exceeded your expectations. Your feedback helps us serve you better. To give us feedback, you can complete our short *Complaints and compliments form* on the right side of the [Complaints, compliments or disputes page](#) under **Contact us**.

### What to do if you have a complaint

#### 1. To take your query further

If you have already contacted Discovery Health Medical Scheme and feel that your query has not been resolved, you can take the next step. Please complete our short online *Complaints and compliments form*. It's on the right side of the [Complaints, compliments and disputes page](#) under section 1, Contact us.

#### 2. To contact the principal officer

If you are still not satisfied with the outcome after following the process in Step 1, you can escalate your complaint to the principal officer of Discovery Health Medical Scheme by choosing one of these options:

- Complete our short online *Contact the principal officer form*. You'll find it on the right side of the [Complaints, compliments and disputes page](#) under section 2, Contact us.
- Send an email to [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

#### 3. To lodge a dispute

If you have received a final decision from the principal officer of Discovery Health Medical Scheme and want to challenge it, you can lodge a formal dispute. You can find more information online about the [Scheme's dispute process](#).

#### 4. To contact the Council for Medical Schemes

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You can contact the Council directly at any stage of the complaints process, but we encourage you to follow the steps above before doing so.

The contact details are:

	Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157
	<a href="mailto:complaints@medicalschemes.co.za">complaints@medicalschemes.co.za</a>
	0861 12 32 67
	<a href="http://www.medicalschemes.co.za">www.medicalschemes.co.za</a>

### Your privacy matters to us

We take your privacy seriously. We're committed to protecting your personal information and keeping it safe and confidential. You can read our full privacy statement anytime at [www.discovery.co.za](http://www.discovery.co.za) > **MEDICAL AID** > **About Discovery Health Medical Scheme**.