

Terms and conditions – **January social media competition**

These terms and conditions apply to the **January social media competitions**. This competition is open to qualifying persons who are active on Discovery on Facebook and/or Twitter. Using the following hashtag #DiscoveryLovesYourHealth and #HealthWins on one of these social media platforms and a comment on the social media post from Discovery Health means you stand a chance to win one Takealot voucher worth R5,000.

The competition will run weekly from **1 January 2026 to 31 January 2026** on the following platforms:

- a. Discovery South Africa Twitter - **@discovery_SA**
- b. Discovery South Africa Facebook – **Discovery South Africa**

By taking part in this promotion, you agree to and accept these terms and conditions and the [Social Media Competitions and Content terms and conditions](#).

About this **document**

- 1| The 'promoter' of the competition is Discovery Health (Pty) Ltd who is also referred to below as 'us', 'we', and 'our'.
- 2| The 'participant' is the qualifying individual who has chosen to participate in the competition.
- 3| All information relating to this competition and any information we publish on any promotional material forms part of these terms and conditions.

Qualifying for this **competition**

- a. The competition is open to all social media followers on the Discovery South Africa social media platforms that reside in South Africa and are over the age of 18 years old.
- b. This competition is not open to directors, partners, employees, agents, or consultants of the promoter or any other similarly associated individual to Discovery Group or Discovery Vitality or Discovery Bank, its partners or any related third parties.

How the **competition** works

- 1| To participate in the competition, all entrants must follow any one of the three of the three social media platforms mentioned above. The participants must tag us on one of these platforms using the hashtag #DiscoveryLovesYourHealth and #HealthWins with a comment on the social media post. There is no correct answer but more that you need to engage on the social post to stand a chance to win the voucher.
- 2| Multiple entries are allowed. However, only one entry per person will be entered into the draw for a prize.
- 3| All entries must be completed on or between the above dates to qualify.
- 4| Any entries made before or after these dates will not be considered as an entry into the competition.

- 5| One Winner will be randomly selected on the 1 February 2026, based on their (qualifying) engagement on the aforementioned platform/s during the competition period.

Prize

- 1| The prize is:
 - 1.1. One Takealot voucher to the value of R5,000. One winner will be selected from the comments in the post ranging from 1 January to 31 January (every Thursday).
- 2| The winner will be contacted via their comment on the relevant platforms mentioned on point 4, asking them to direct message their contact information.
- 3| Should the winner not respond within 1 (one) day, an alternative winner will be chosen.
- 4| The winner may be required to verify their identity, and their corresponding social media page/s.
- 5| By accepting the prize, the winner (of the Takealot voucher) voluntarily assumes all risks and dangers related to it.
- 6| The prize is non-transferrable.

Additional terms and conditions

- 1| Any violation or attempt to violate any of the rules will result in immediate disqualification of the transgressor.
- 2| The promoter reserves the right to revise, alter or terminate the competition with immediate effect. In such event, all entrants hereby waive any rights which they may have against Discovery Health and acknowledge that they will have no recourse or claim of any nature against Discovery Health or any entity of the Discovery Group of Companies.
- 3| If required as a result of legislation or other legal reasons, the promoter reserves the right to terminate this competition immediately. In the event of such termination, all participants agree to waive any rights that they may have in terms of this offer and acknowledge that they will have no recourse against the promoter or its agents.
- 4| Any personal data relating to the participants will be used in accordance with the Protection of Personal Information Act 04 of 2013 ("POPI") or comparable legislation or process of materially similar levels of protection.
- 5| Data pulled for the purposes of the campaign and competition will be based on the completion of the Discovery Health social media competition as stated in the steps above.
- 6| The promoter does not take any responsibility and shall not be held liable for any loss, injury or damage of any nature caused as a result of the participants' use of the abovementioned prize.
- 7| Employees of Discovery Health and Discovery Group are not eligible to enter this competition; individuals who are directors, partners, employees, agents of, or consultants to the Promoters or any of the Discovery Group of companies or any other similarly connected individual.
- 8| By entering this competition, you agree to the terms and conditions set out in this document.