# Health Check exception form 2024



### Who we are

Discovery Health Medical Scheme, registration number 1125, is a not-for-profit organisation registered with the Council for Medical Schemes, and is the medical scheme that you are a member of.

Discovery Health (Pty) Ltd, registration number 1997/013480/07, is a separate company and an authorised financial services provider and is the administrator and managed care organisation for Discovery Health Medical Scheme and takes care of the administration of your membership.

#### Contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66, <u>www.discovery.co.za</u>, PO Box 784262, Sandton, 2146, 1 Discovery Place, Sandton, 2196.

## Purpose of the form

The purpose of the form is to manage an exception process of manually capturing Health Check metrics for members outside of South Africa and members within South Africa who do not have access to healthcare providers in the Discovery Wellness Network. Please make sure you are using the most up-to-date form. Download the latest version of all forms from <a href="https://www.discovery.co.za">www.discovery.co.za</a>, Medical Aid > Manage your health plan > Find important documents and certificates.

### How to complete this form

This form must be completed and emailed to <a href="mailto:healthchecks@discovery.co.za">healthchecks@discovery.co.za</a>.

1. Healthcare Professional details	
Date	D  D  M  M  Y  Y  Y
First name(s)	
Surname	
Practice/registration nur	nber Country
2. Member details	
First name(s)	
Surname	
ID or passport number	
Membership number	Email address
3. Screening for adults (18 years and older)	
Blood pressure	Systolic Diastolic Diastolic
Body Mass Index	Height cm Weight kg
	Abdominal circumference cm
Blood glucose	Random glucose mmol/l HbAC1c %
Cholesterol	Total cholesterol mmol/l HDL %
	LDL mmol/l Triglycerides mmol/l
4. Screening for children (2 - 18 years old)	
Blood pressure	Systolic Diastolic
Body Mass Index	Height cm Weight kg Abdominal circumference cm
Healthcare provider sign	Date Description Date Description Descript

Discovery Health Medical Scheme is a registered medical scheme and regulated by the Council for Medical Schemes (CMS). The CMS contact details are as follows: Email: complaints@medicalschemes.co.za | Customer Care Centre: 0861 123 267 | Website: www.medicalschemes.co.za | Physical address: Block A, Eco Glades 2 Office Park, 420 Witch – Hazel Avenue, Eco Park, Centurion, 0157

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