

HealthID

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HOW TO REGISTER A PATIENT ON DIABETES CARE THROUGH A CARE CONSULTATION

DISCOVERY HEALTH
2023





How to register a patient on Diabetes Care through a care consultation

Doctors should first check if they are the nominated practice. This is displayed on the patient file.

The screenshot shows the 'Scheme information' tab in the HealthID patient file. The 'Nominated practice' section is highlighted with a red box, indicating the current nomination. The nomination details include the practice name, location, and effective date. The 'Medical history' section shows a message: 'There is no medical history available for this patient'.

If the doctor or practice is not the nominated practice, please refer to the PCP Nomination guide for steps on how to become the nominated practice. Being a nominated doctor is only applicable to certain schemes (i.e., Discovery Health Medical Scheme, KeyCare and Discovery Health administered schemes).

- Make sure the patient has an approved diabetes Chronic Illness Benefit (CIB) application.

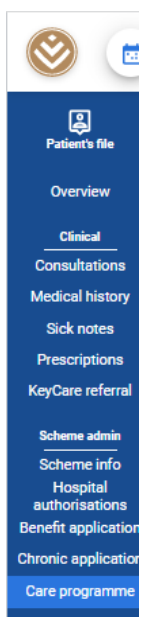
The screenshot shows the 'Chronic Illness Benefit application' tab in the HealthID patient file. The 'Active' section displays a table with one entry:

DESCRIPTION	DATE DIAGNOSED	STATUS	ACTIONS
Diabetes Type 1	27/11/2022	Approved	Manage Add and remove medicines/item

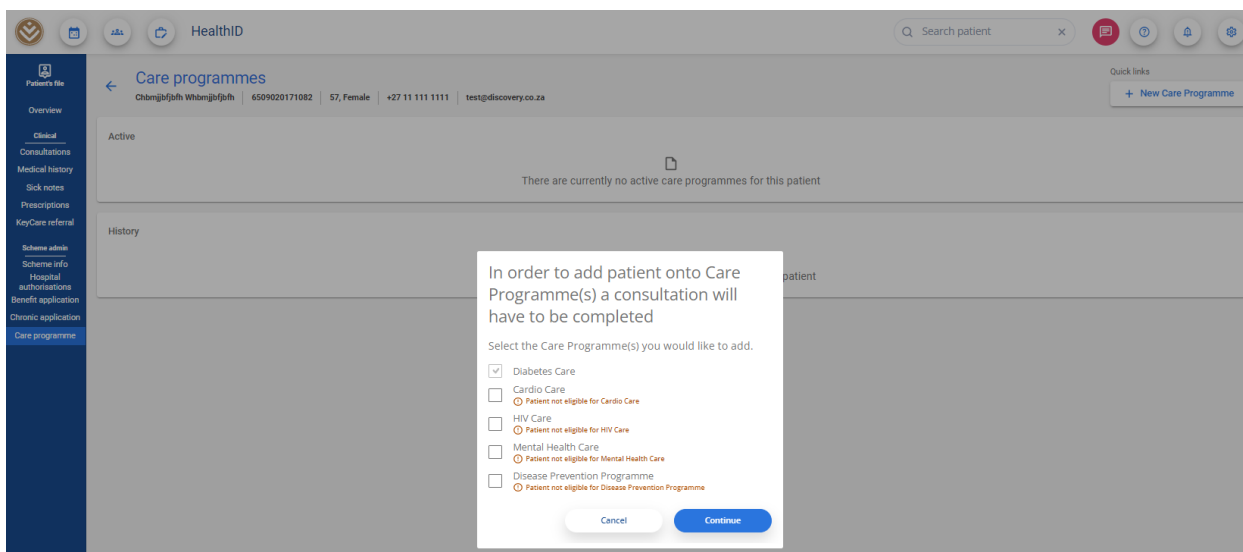
The 'History' section shows a message: 'There is currently no history of chronic authorisations for this patient.'



- Navigate to Care Programme on the navigation panel on the left side of the screen.



- Click "New Care Application" to start the registration process. Diabetes Care will be preselected if the patient is eligible for the programme.





A new side navigation panel will appear. The user will have the flexibility to navigate through the patient file while having a consultation.

- Start consultation by adding “Consultation Notes.”
- “Presenting Complaint*” Is a mandatory field.

The screenshot shows the 'Active Consultation' interface in HealthID. The top navigation bar includes a search bar and several utility icons. The left sidebar contains a menu with options like 'Patient's file', 'ACTIVE CONSULTATION', 'Overview', 'Clinical', 'Medical history', 'Scheme admin', 'Scheme info', 'Hospital authorisations', 'Chronic application', and 'Care programme'. The main content area is titled 'Active Consultation' and features a horizontal tab bar with icons for 'Consultation Notes', 'Diagnosis', 'Assessment', 'Clinical Readings', 'Prescription', 'Sick Note', 'Referral', and 'Submit Consultation'. The 'Consultation Notes' tab is active, showing a form with three sections: 'Presenting Complaint*' with a text input field containing 'Reason for consultation', 'Clinical Findings' with a text input field containing 'Examination', and 'Patient Instructions' with a text input field containing 'Add instructions'.

- The diagnosis for the consultation will already be filled in as it is the same diagnosis used for the diabetes CIB.

The screenshot shows the 'Active Consultation' interface in HealthID, with the 'Diagnosis' tab selected. The top navigation bar and left sidebar are identical to the previous screenshot. The main content area is titled 'Active Consultation' and features a horizontal tab bar with icons for 'Consultation Notes', 'Diagnosis', 'Assessment', 'Clinical Readings', 'Prescription', 'Sick Note', 'Referral', and 'Submit Consultation'. The 'Diagnosis' tab is active, showing a form with a search input field labeled 'Enter ICD-10 Code or Description'. Below the search field is a message: 'Primary ICD10 can not be removed and must be completed along with all relevant (*) field(s)'. At the bottom, there is a text input field containing 'E10.9 Type 1 diabetes mellitus without complications' and a dropdown menu set to 'Primary'.



- A mandatory PHQ2 assessment needs to be completed for the Diabetes Care registration consultation.

The screenshot shows the 'Active Consultation' window in the HealthID system. The 'Assessment' tab is selected, and the 'PHQ-2 Assessment' form is displayed. The form asks: 'Over the last two weeks, how often have you been bothered by any of the following problems?'. There are two sections of questions, each with four radio button options: 'Little interest or pleasure in doing things?' and 'Feeling down, depressed, or hopeless?'. The options are: 'Not at all', 'Several days', 'More than half the days', and 'Nearly everyday'. A 'Submit assessment' button is at the bottom right.

The screenshot shows the 'Active Consultation' window in the HealthID system. The 'Assessment' tab is selected, and the 'PHQ-2 Assessment' form is displayed. The result is shown as: '2 points - Outcome: Major depressive disorder is unlikely'. A 'Submit assessment' button is at the bottom right.

- Weight, height, waist circumference and smoking status need to be captured under the Clinical Readings section to proceed with the registration. All mandatory readings are marked with a red asterisk.

The screenshot shows the 'Active Consultation' window in the HealthID system. The 'Clinical Readings' tab is selected, and the 'Body metrics' section is displayed. The table below shows the required readings:

READING TYPE	LAST READING SOURCE	LAST READING	CAPTURE READING
BMI *	N/A	N/A	Autocalculated <input type="text" value="kg/m2"/>
Weight *	N/A	N/A	<input type="text" value="kg"/>
Height *	N/A	N/A	<input type="text" value="m"/>
Smoking status *	N/A	N/A	<input type="text" value="Select type"/>
Waist Circumference	N/A	N/A	<input type="text" value="cm"/>
Hip Circumference	N/A	N/A	<input type="text" value="cm"/>
Waist-to-hip ratio	N/A	N/A	Autocalculated <input type="text" value="m"/>

The 'Vital signs' section is also visible below the body metrics.

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- The rest of the consultation is optional for the enrollment. Note that the medication captured in this consultation will not be added to the CIB medicine list.

HealthID

Search patient

Active Consultation

Submit Consultation

Submit

Consultation Summary: Chbmjibfjbfh Whbmjibfjbfh

In-person consultation

Consult Date: 12 Dec 2022

Consult Time: 06:09 PM

Select the billing practice: Taljaard J

Diagnosis

Primary Diagnosis: E10.9 Type 1 diabetes mellitus without complications

Clinical Readings

Body Metrics

READING TYPE	CAPTURED READING
BMI	24.4 kg/m2
Height	1.9 m
Smoking status	Yes
Weight	88 kg

- Once the consultation is submitted, the patient will be registered on the Diabetes Care programme.

HealthID

Search patient

Care programmes

Chbmjibfjbfh Whbmjibfjbfh | 6599020171082 | 57, Female | +27 11 111 1111 | test@discovery.co.za

Quick links: + New Care Programme

PROGRAMMES	START DATE	STATUS	ACTIONS
Diabetes Care	12/12/2022	Approved	Manage End programme

History

There is currently no care programme history for this patient